

Ashwagandha Honey



Benefits of Ashwagandha: Aids in improving vitality & fertility. Stimulates secretion of thyroid hormones. Relieves stress, anxiety & depression. Effective in controlling bacterial infections. Beneficial in treating diabetes & cataracts. Strengthens heart muscles & controls cholesterol. Ashwagandha when mixed with honey can use as stress buster. When ashwagandha honey is mixed with milk taken at night helps to promote good sleep. It improves the reproductive system and increase vigour in men. Ashwagandha honey provides relief t

*Feel the goodness
of Ashwagandha
honey*

